EASTERN REGION SNOWSPORTS ASSOC.
SUMMER LEAGUE RULES 2025

The purposes of the Summer League Race Series are as follows:

i. To encourage participation in entry level racing for all ages and to act as an educational base for officials.

ii. To provide a framework in which teams can win a league championship based on their season's results.

iii. To encourage clubs to learn about running events and to provide an entry level for race officials.

iv. To provide friendly competition for all standards and a focal point for regional activities throughout the summer.

THE SUMMER LEAGUE IS OPEN TO INDIVIDUALS AND TEAMS WHO ARE MEMBERS OF A "UK" CLUB WITHIN THE EASTERN REGION SNOWSPORTS ASSOCIATION REGISTERED WITH SNOWSPORT ENGLAND. IF HOME NATIONS REGISTERED YOUR CLUB LISTED MUST BE AN ERSA CLUB AS REGISTERED ON THE CURRENT BARTs LIST. THE RTP WILL CONSIDER INDIVIDUALS WHO DO NOT COMPLY WITH THIS CRITERION BUT WISH TO COMPETE IN ERSA EVENTS.

General

1. Regional timing gear (Alge Timy) will be used for all ERSA events at no charge to ERSA clubs. Results should be compiled using the SOFT-PROSKI programme. (Available for download from http://www.vola.fr). For users outside the region the hire cost along with operator will be circa £250.00. Clubs may use their own timing gear provided it is compatible with the timing programme and agreed with ERSA RTP prior to the event.
2. Live timing available for all ERSA events at http://vola-publish.com/hsrcersa/ (All times provisional)
3. A commentator and P.A. system MUST be arranged for all ERSA events.
4. It is the responsibility of the home slope to organise the whole of the event. An invitation must be made available on the ERSA website in sufficient time before the event. This is normally set up by ERSA. A nominated Chief of Race must be assigned and indicated to the ERSA officials present on the day. The home slope must arrange for a "Child Welfare Officer". ERSA Race Organisation Technical Panel, ROTP can assist in the appointment of the Jury.
5. A Race jury will be appointed consisting of the Chief of Race, the Referee and a member of ROTP to act as Technical Delegate, TD. If possible, the jury must be comprised of members from 3 different clubs.
6. All indoor snow races will be classified as "artificial" and the appropriate rules and seeding system used.
7. Fee for entering all Summer League individual events and the ERSA Championships will be published on the ERSA website in the race invitation along with any specific rules for the race. Entries must be received on the ERSA website via the online entry system (www.ersa.co.uk) by the specified date; entries after this date or on the day may be accepted with an additional late entry fee of £5.00 + published entry fee.
8. Entry into the team events are included in the fee. The running of the team events is subject to conditions, timing and race (race details published on the website will confirm if no team events are to take place). It is the responsibility of the clubs to select which racers will be entered into the Team and Heroes event.
9. All courses (individual and dual slalom) must be set on the day (i.e., not pre-set). All home points in both individual and team events will be discounted if this rule is not adhered to. All U14+ courses set will utilise "control" gates. Control gates will NOT be set for the U12 stubby courses.
10. Course setters will be approved by ERSA. Race Jury to confirm course setter. Course setter should not be from the home slope except for the Dual Slalom course where local knowledge is desirable. This may be varied for "Indoor Snow" events.
11. Rapid self-addressing flex Slalom Gates must be used on all turning gates. Single pole courses will be set for all ERSA events unless notified by race bulletin before the event. The U12/U10/U08 age groups will race a stubby course. Stubbies, where used will be "fit for purpose" i.e. not cut down full size slalom gates.
12. The Referee and one other member of the jury or appointed person will inspect the course, before course inspection, to check the safety and appropriateness of the course.
13. Sufficient gatekeepers must be used. Gatekeepers should signal a fault with a flag and continue signaling until acknowledged by the commentator. Only clear infringements should be called. If a gatekeeper is unsure if a racer has infringed or not, then the "benefit of the doubt" must be given to the competitor. Likewise, any racer knowing that he/she has infringed should ski out of the course and signal to the commentator they have retired from that run by crossing their Ski Poles above their head. Also, if a racer has retired they should if possible NOT ski through the finish gate.
14. Disqualification in the Summer League races will be immediate and announced by the commentator.
15. Likewise, any protest must be immediate. In the event of a dispute the Race Jury will be called upon to mediate whether or not they have seen the incident. If a racer feels they have been impeded and want to request a re-run they must, if possible, not cross through the finish line between the timing beams. Completing the run and crossing the finish line indicates acceptance of the time.

16. The Jury may permit a provisional re-run in the case of impairment of the racer or obvious error of timing.
17. Any contravention of Summer League or Championship rules as stated regarding individual Slalom or Team events can result in disqualification of the individual or team. Only Race Managers or their nominated deputy will be the sole point of contact for any discussions that may arise pertaining to ERSA rules or the event on the day.
18. Any racers who need equipment to race with on the day should arrange with their home slope to borrow it if possible. If the racer needs to hire something from the slope where the race is taking place they must make arrangements direct with the slope either before or on race day. Race Clubs along with the racer who has hired the equipment are responsible for the safe return and up-keep of borrowed equipment. The cost of hire of equipment from the race slope is included in the entry fee. (A deposit may be required).
19. Regulations for binding and boot height will apply. All loaned or personnel equipment must comply with these requirements. Radius restrictions or ski length will not apply to artificial slope races.
20. Racers may put their skis on once they reach the start gate but in the interest of the health and safety of racers and race officials, all waxing/ski preparation MUST be completed before the racer approaches the start area. Only clear lubricants to be used, no "blue" or "coloured" gels/lubricant's may be used. The racer must approach the gate when the preceding racer has departed and be ready to start when the racer on course approaches the finish.
21. Local Ski club and National rules must be complied with by racers / parents / coaches. Please note re "Hiking" rule.
22. It is the responsibility of the host club to arrange First Aid. Ideally the First Aid team should be positioned for easiest access to all points on the course. It is important that the first aiders are easily recognizable. ERSA or the club will provide a "High Vis" jacket.
23. At ERSA events an official photographer may be appointed, it will be assumed that pictures, video or live streaming may be taken of all entrants by the official photographer unless the organisers are informed before the event. (Opt out) All other people wishing to take photographs need to obtain permission from the event organisers.
24. Only "authorised" banners, advertising material etc to be erected or located at the top, bottom or sides of the actual slope.

Miscellaneous Rules (applies to all ERSA events):

1. The racers' Club along with the trophy holders are responsible for the safe return of each trophy. All Summer League and Championship Trophies, where appropriate, are perpetual trophies. When trophies are returned, they should have been engraved and cleaned. For Non return of trophies the club or individual racer will be invoiced for £75.00.
2. When registering the racers, it is very important to register the racers club, sex and date of birth - not the age. This will ensure racers are in their correct age groups. Racers are age grouped according to year of birth, not actual age on the date of the competition.
3. On the day, or as soon as possible after the competition, the results for the individual slalom and the team events should be handed to the appointed ERSA person who will ensure the results are published on the ERSA website (www.ersa.co.uk) and GBSki (www.gbski.com).
4. Results will also be sent out via the ERSA email/WhatsApp list. Parents, racers and coaches can provide their email address to be included in the list. This address will not be passed to any 3rd party outside ERSA. The WhatsApp link is https://chat.whatsapp.com/GpGdIkBov41E6MfV4o3Hzh

Safety (applies to all ERSA Events):

1. Gloves, long sleeved garments, which also cover the midriff, and long trousers must be worn at all times whilst skiing, course inspection and the race itself. Due to the nature of the plastic surface skiers are strongly encouraged to wear other protective equipment and appropriate clothing.
2. **CATSUITS** - ERSA believes cat suits are unnecessary for indoor races, and as such recommends catsuits not be worn for all age groups. ERSA believe this is particularly relevant for U12s and below where being warm is more important, and where technique and fun is far more relevant than being streamlined. If, however racers do still wish to wear catsuits, inline with national race rules they may do so. No catsuits to be worn on outdoors artificial slopes.
3. Only approved officials will be allowed in the race area.
4. On indoor snow no one except the racers and appropriate officials are allowed into the snow area (inside), this includes the start area. Dispensation may be given by the race organisers for course inspection only and under other special circumstances.
5. Dry slopes only. If the base of ski poles are less than 15mm they must be fitted with stoppers and baskets as per SE rules to increase this size to 15mm or greater, unless poles are especially provided for use on dry ski slopes (these poles have a large rounded base and are designed for dry slope use). This rule does not apply to indoor snow.

1. ***HELMETS - ALL* RACERS** ALL RACERS (INCL FORERUNNERS), IRRESPECTIVE OF AGE OR ABILITY MUST WEAR AN APPROVED CORRECTLY FITTED FULL HELMET, WHILST RACING, TRAINING (INCLUDING OPEN PRACTICE) AND COURSE INSPECTION IN ALL ERSA EVENTS. THERE IS A STANDARD ENTITLED "HELMETS FOR ALPINE SKIERS. IT IS HIGHLY RECOMMENDS THAT ATHLETES USE HELMETS THAT STATES THAT THEY CONFORM TO THIS STANDARD. HELMETS SHALL BE USED WITHOUT ALTERATION/MODIFICATION, AS CERTIFIED BY THE MANUFACTURER. FURTHERMORE, NO ADDITIONAL ELEMENT/EQUIPMENT SHALL BE AFFIXED ON THE SURFACE OF THE HELMET.
3. IN EXCEPTIONAL CIRCUMSTANCES, SUBJECT TO THE AGREEMENT OF THE RACE MANAGERS AND THE REQUIREMENTS OF THE LOCAL SLOPE, HELMETS MAY NOT BE REQUIRED FOR COURSE INSPECTION ONLY. THIS DISPENSATION WILL BE AGREED AT THE RACE MANAGERS MEETING AND ANNOUNCED OVER THE PA SYSTEM.

4. IF A RACER FAILS TO COMPLY WITH THIS RULE, THEY WILL BE ASKED TO LEAVE THE SLOPE IMMEDIATELY.

Individual slalom

1. U14 and older. Three timed runs – aggregate of the best of Run 1 and Run 2 plus Run 3 (Club National format, Run 3 must be completed). In the event of a draw, points will be awarded as for that place i.e. three tied for first place receive 100 points; the fourth racer has fourth place and 50 points.
2. U12/10/08. Three timed runs through a stubby course, best two Runs aggregated.
3. Points for each position will be awarded as per FIS Rules:

Place	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
Points	100	80	60	50	45	40	36	32	29	26	24	22	20	18	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1

3. Overall results are based on a specified number of races throughout the season; as detailed below, to qualify for an award in the overall league series. In the event of a draw all race points gained will count.
   - 8 races - 4 to count (Maximum of 4 races to apply regardless of surface)
   - 7 races - 4 to count
   - 6 races - 4 to count
   - 5 races - 4 to count
   - 4 races - 3 to count
6. Age groups are as of 1st May of the year of the races (or first Summer League Race or schools race whichever is the sooner). Age Groups are based on Year of Birth as of the 1st January of the competition year, not actual age on date of competition. The updated Age Category list is published each year on the ERSA website .
7. The method of course inspection will be announced on the day and may change from venue to venue. National rules for course inspection state that racers may side slip or slow snow plough through the gates but must become stationary between each gate. Entry to the start area, if allowed, will only be if timing has been set and an official is present. Racers must not free practice on the race slope during course inspection. This will be varied for Indoor Snow events. Coaches/trainers need not wear skis *(except indoor snow)* during course inspection; however, this is subject to local slope restrictions. Indoor Snow – unless advised otherwise, racers must inspect from the side of the course and are NOT allowed to enter the race area or race line, inspection must NOT be done on foot, skis or correctly fitted and

   leashed snowblades must be worn. If coaches wish to accompany their racers during course inspection permission must be obtained from the race organisers. The same rules will apply to coaches as for racers. Race Bibs MUST be worn so number is visible from both back and front unless indicated otherwise by the Jury.
8. Racers in the U10 and U8 age group and those racers competing for the first time (irrespective of age group) will/may be led through the course before the start of the competition (does not apply to indoor snow races) provided they are at the start at the announced time. This may be varied by the ROTP depending on various criteria. Under no circumstances will any racer be led down through the course after this time or during the competition proper whether the leader is on skis or on foot unless special circumstances apply and the ROTP grant permission.
9. Racers must be entered online on the ERSA website by the published closing date. Registrations will be accepted after this date if space available with the payment of the standard entry fee and a late entry fee of + £5.00. Registration may be accepted, if space available, on the day with payment of the late entry fee + entry fee. For outdoor slopes Late Entry racers will be given the higher bib numbers, put at the top of the start list and compete first. For Indoor Snow they will be issued the highest bib number and compete last in both runs. On race day the race office will close at 0900h outdoor and indoor will be adapted according to the venue. After registration closes on the day it is unlikely any late entrants will be accepted into the competition unless special reasons exist.
10. The U8, U10 and U12 age groups will race as a separate event through “Stubbies”. Current ERSA seedpoints will be used to determine the start order, male and female will race together but the results and calculated seedpoints will be based on gender. Awards will be given to 1st, 2nd and 3rd in all Age Groups. As the U12 age group moves to the main competition (see below) seedpoints will be adjusted to 1000.00, ie not seeded.
11. The U14 and older age groups will race through “Full Slalom” gates. Women and Men will race together but the results and calculated seedpoints will be based on gender. The draw for the individual slalom will be based on ERSA seedpoints. The top 15 racers will be drawn. All other racers ski in seed point order, i.e. highest seeded (most points) first. Those athletes with no ERSA seedpoints will be drawn for start order and allocated the highest bib number and race first before the seeded racers. The start order for the second and third runs will be the same as the first. The draw will be done as soon as possible after the closing date. Awards will be given to 1st, 2nd and 3rd in all Age Groups.
12. Indoor Snow Race Start Draw – Will be decided and published before each indoor event.
13. In the event of mishap before the first gate, children of age group U08 and below and those racing for the first time may be allowed an immediate restart with no penalty. For all other age groups an ERSA race official or starter if no official present may allow an immediate restart depending on the experience and known racing ability of the athlete.
14. In the event of a provisional re-run, racers should be available at the start within 7 minutes of the re-run being granted as per SE rules.
15. *(ICR614.2.3) Complete stop for Slalom events 2024. Interdiction to Continue after a competitor stops. If competitors come to a complete stop (e.g. after a fall), they must no longer continue through previous or further gates.*

16. *(ICR 661.4.1) A gate has been passed correctly when both the competitor's ski tips and both feet have crossed the gate line. If a competitor loses a ski, without committing a fault, e.g. not by straddling a pole, then the tip of the remaining ski and both feet must have crossed the gate line.*
17. **No "Hiking, Climbing" rule 15 above, U14+ athletes coming to complete stop for Slalom events must no longer continue through previous or further gates. This does not apply to team events or to the U08/10/12s slalom events. (BACR 614.2.3 applies)**

Dual slalom team event

FORMAT:

1. The competition is a league event, with the idea being the best team overall based on the season results, will win. Racers will race "head to head", "side by side" through two identical courses, one marked by single red flex slalom poles and the other by single blue flex slalom poles. Club Team events will be as a PARALLEL (RELAY) EVENT. Teams will comprise of 5 athletes.
2. Team events will not be held on the indoor races, this may be replaced by an Extended Slalom event.
3. The course should be set with the aid of a measure to avoid any deviation from one course to the other. A course setter from the host club should set the course, as local knowledge is desirable.
4. The competition will be run as 2 categories, Children's and Open Age Group Teams from each Club. Depending on availability Clubs may enter up to two teams in each group. They will form separate leagues of up to 8 teams in each league. Clubs must nominate a team manager responsible for each team who will be present at the start.
5. The Children's Team must be made up of racers in the U16 and below age groups. One team member must be of the opposite gender to the others.
6. The Open "A" team may be made up of racers from any Age Group. One team member must be of the opposite gender to the others.
7. To decide on racing order, a random draw will be made at the Race Managers meeting or before the day's events. Clubs entering two teams may be placed in the same half of the draw.
8. "Byes" may be skied if wished unless time precludes this. Only one skied bye per competition will be allowed. The jury decide on method of skiing the "byes" on race day.
9. Once the competition has begun for each team, substitutions are not allowed except as replacement for injury as long as like is replaced with like (e.g. female adult replaces female adult). Team order to remain unchanged.
10. Before the start of the competition, copies of all team members' names and dates of birth must be received by the regional race official present on the official commentary sheet. This is to assist in commentary and to assist the start marshal's in keeping the competition running smoothly. The names of entrants to the "heroes" and club events must be given to the race organisers by the end of the second run. The teams will then be selected/drawn and no further names will be accepted. Clubs not complying may be excluded from the team event.
11. All teams may race in any order, this order must be indicated before the event on the team nomination form, this order may not be changed. Snowsport England rules will apply in respect of racers not ready to compete when called (i.e. 7 mins from the time of the last team competitor completing the previous run).
12. All racers must ski for their named club only to qualify as a legal racer and will not be allowed to race for more than one Club or in more than one category. Exceptions may be made in the event of a club being unable to field a legal team where one guest may be included. This will be a valid team.
13. The start procedure will be as for SE races, the command "Ready" is not a question and it will be assumed if a racer has entered the start gate he/she is ready.
14. Electronic start and finish gates will be used where possible; if not two finish judges will be used using the racers shins at the boot tops as the judgement point. A third independent judge may be used in the case of important races. Video evidence may be used if available.
15. Gatekeepers should only flag clear infringements, as "benefit of the doubt" must go to the racer.
16. Infringements, and protests, adjudication etc. will be handled in the same way as for the individual slalom.
17. For racers who wish to compete only in the Dual Slalom Races the race entry fee still applies.
18. Once a racer has passed through the finish gate, they cannot return to the course.
19. In the event of DSQ or DNF of both racers the competitor who has travelled furthest down the slope before DSQ/DNF occurred will be considered the winner.
20. If a racer falls, or skis out and impedes or interferes with the concentration of another racer as judged by the ERSA appointed official, the race will be awarded to the other racer.
21. In the event of a draw the individual racers will compete against each other again on the other course. In the event of a team draw the race will be re-run to decide the winning team.
22. To enable as many racers as possible to compete in a dual slalom competition a fun "HEROES" knockout event will be held. The event will be "Head to Head". By the requested time race managers will pass the names of ALL racers not selected for their main club teams who wish to take part in the "Heroes" event to the appointed person. A selection of teams will then be made by computer and each team allocated a "super hero or villian name". The number of team members will be varied according to entries from any age group and sex. A senior team member will be appointed

as “manager”. Apart from team composition and racing order, rules will be the same as for the main event. All racers will race in the nominated order based on ERSA seedpoints. This event will be a competition in its own right on the day and will not count towards any club Summer League overall points. Byes will not be skied. Awards will be given to the first and second team only.

ERSA Artificial Ski Slope Championships

THE PURPOSE OR THE CHAMPIONSHIPS ARE TO PROVIDE A ONCE-A-YEAR COMPETITION NORMALLY AT THE END OF THE SUMMER SEASONS TO ACT AS THE HIGHLIGHT OF THE REGIONAL SUMMER LEAGUE COMPETITIONS. THE ERSA CHAMPIONSHIPS ARE CONSIDERED AS OF THE HIGHEST STANDARD TO WHICH ALL COMPETITORS CAN ASPIRE TO WITHIN THE EASTERN REGION.

The championships are a regional event and not the responsibility of an individual club; therefore, any club failing to supply the required race officials on the day will be barred from the team event and will not be able to win the Overall Championship trophy. Official tasks for the event will be allocated to clubs who are then responsible for ensuring their nominees fulfil those tasks.

THE CHAMPIONSHIPS ARE OPEN TO INDIVIDUALS AND TEAMS WHO ARE MEMBERS OF A “UK” CLUB WITHIN THE EASTERN REGION SNOWSPORTS ASSOCIATION REGISTERED WITH SNOWSPORT ENGLAND. IF HOME NATIONS REGISTERED YOUR CLUB LISTED MUST BE AN ERSA CLUB AS REGISTERED ON THE CURRENT BARTs LIST. THE RTP WILL CONSIDER INDIVIDUALS WHO DO NOT COMPLY WITH THIS CRITERION BUT WISH TO COMPETE IN ERSA EVENTS. NON ERSA CLUB ENTRANTS (if accepted) CANNOT BE AWARDED THE ERSA CHAMPIONSHIP OVERALL TROPHIES.

RACE REGULATIONS

The start list will be compiled using ERSA seedpoints. To maintain the standard of the competition, if required, an ERSA seedpoint cut off may be applied as agreed by the regions club race managers.

1. The format, rules and way the results will be calculated for the race will be published before the race date. The overall championship will be based on events on the “plastic” and “indoor snow” surfaces with priority being given to athletes entering both days.
2. The start lists will be published before the event and the criteria details published at the same time. If oversubscribed, Female, Male entries will be accepted in proportion to the agreed criteria.
3. All U12/U10/08 will be accepted, this may be varied by the ERSA race managers and ROTP according to the event.
4. Bearing in mind the diverse standard of skiers, the courses set shall prove an adequate test for both upper and lower standards. If possible, a course setter from outside the region shall be used. If not an approved course setter or setters from the region will be used. If more than one setter is used they should be from different clubs to ensure fairness to all competitors. U12/U10/08 will compete through a “stubby” course.
5. If possible a Technical Delegate or Referee should be arranged from outside the region.

All team events will be relays. Teams will be seeded according to the total number of ERSA seed points of the competitors. If competitors have no seed points then a representative amount will be allocated according to the competitors known ability. Racers for the main team events may compete in any order but this order must be nominated to the race officials before the event and may not be changed after the race has been called. Teams will gain wins in the same way as in the Summer League. However there may be a “Ski off” for 3rd and 4th positions depending on various criteria. Racers not ready to race after sufficient notification may be disqualified. Team events are only open to all clubs. HOWEVER NON ERSA CLUB TEAMS CANNOT BE AWARDED THE ERSA CHAMPIONSHIP OVERALL TROPHIES and can only compete in the fist round if space available.

Norfolk Snowsports Club · Vikings Suffolk Ski Team · Hemel Ski Race Club · Essex Ski Racing Club · WGC Ski Race Club · MK Race Team · Ambition Racing · Team Evolution
Birds of Dereham · Rossignol another best day · racer ready The Magazine for Winter Sports Enthusiasts · Bartlett Supporting British Skiing · Snowsport England